



# CAPE MAY COUNTY

## COMPOSITE SQUADRON

CIVIL AIR PATROL • UNITED STATES AIR FORCE AUXILIARY  
North East Region • New Jersey Wing • NJ009  
*Semper Vigilans • Always Vigilant*



Volume 4 Issue 5

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## A Shore Thing

### Commander's Corner



**Major Kevin Barstow, Sr**  
COMMANDER

Cadets, now is the time to start to get your paperwork together and start talking to your parents about attending Basic Encampment. The sign up site will be launched soon to begin registration for Basic Encampment and the NCO Academy being held on Fort Dix, New Jersey in August 2010. For more information on Basic Encampment, see Captain Simon, your Deputy Commander for Cadets.

All members now have to complete an online Safety Course on E-services once a month and this can be done in little as 10-15 minutes with a short quiz at the end of the class. The passing of the course is registered online in your online record under Training. You have an expiration date listed, usually the end of the

following month, then you have to take the next course online. Failure to complete the course(s) will result in your not being able to attend meetings, missions, encampments until you have completed the course(s). Check the news on E-services for more information.

All members are encouraged to complete your FEMA ICS 100/700 Courses to participate in SAR Training and Missions. If you are interested in becoming a member of the Mission Management Staff, ICS 300/400 and 800 Courses are a requirement as well. Try it. It is not what you think it is, it is challenging and demanding, but you see the entire picture of how a mission is managed and worked.

As things are moving along with our ES Missions and our possible involvement with the Cape May County Office of Emergency Management, these courses will be a benefit to you to understand how things work in the Emergency Services Community.

Now that it is lighter in the evening hours, this is perfect time to get a Cadet Orientation Flight. These are free flights for cadets under 18 years of age, so why not take advantage of

free flying and have some fun doing it? Contact our Operations Officer, Major Richard Fellows, or one of our Pilots to schedule a flight for you.

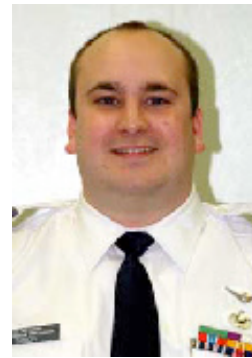
I would like to take a moment to acknowledge the hard work that LtCol Simon has done as our IT Officer. Recently during the Search and Rescue Exercise we held here at our squadron, the lack of computer ports for mission staff became an issue, not one that limited the mission, but an administrative issue. The issue was resolved with the addition of 4 computer hardwire ports in the large Cadet Area, and 2 more in the Pilots Briefing room. As a result, we have ample computer ports of all users for the next SAREX or Mission out of Cape May, good job!

*"SEMPER OPTIMUS"*

**Major Kevin L. Barstow, Sr.**

**Commander**

**NER NJ-009**



## Happenings

### *Upcoming Events*

May 29 - Wildwood VFW ceremony

May 31 - possible Memorial Day Ceremony TBD

June 18 - Family and Friends

June 19-20 - GTM3 Weekend

### *Birthdays*

Capt Clark Lunsford

### *Promotions*

C/Craig Coughlin to C/CMSgt

C/Madison Peteani to C/Amn

### *Anniversaries*

C/Amn Ian Borgo

Capt Thomas Callahan

2nd Lt Joann Greenstein

Capt Clark Lunsford

## From the Chaplain

May 2010 will have many graduating and going forth with training laid down as a foundation for future challenges and learning. Graduation, be it from high school, college or boot camp, is always an opportunity to rejoice with the graduate. The team of folks behind the formation years, from parents to teachers, played a big part of it, as did the classmates and shipmates. Moral Leadership lesson about it "not being all about me" rings true again.

Moral Leadership formation for life's future decisions is seen shaping the young cadet in the classroom, cock-pit, or outdoor field training missions. This May when you graduate or attend a friend's graduation look at the mind, body, and soul standing there receiving the diploma and thank God for the team of people that sacrificed and believed in the young graduate. Then wish them all a Congratulations!

**LtCol Miles Barrett**

**Moral Leadership and Character Development Officer**

**NJ-009**

## Cadet Program

Summer is nearly here. This means that Encampment is drawing closer as well. This activity is required first before you are able to go to any other National level, and most Wing level, summer activities. This year, it is going to be held from **August 7<sup>th</sup> to August 14<sup>th</sup>** and during this week long event, you can expect a lot of fun to go along with all of your hard work. This year's Encampment is expected to cost around **\$160** for the week. There are not that many week-long summer activities that pack as much activity for such little cost. The registration should be available soon and will be done **online** only. Please visit the Encampment website at <http://encampment.njwg.cap.gov/index.html> to register. Any announcements concerning Encampment registrations and selections shall be made via the DragonNet email system. No email will be distributed otherwise. Cadets who are selected will receive an acceptance packet in the mail; this packet will contain all of the information necessary to prepare for this activity. For any cadet that has not been to encampment, I strongly urge you to make the commitment to go this summer.

**Captain Tony Simon, Deputy Commander for Cadets**

**NJ-009**

## Personnel & Administration

As a reminder, all forms that are submitted must be typed. The forms are available in MS Word format on the NHQ website. When printing a 2-sided form, print it on both sides of a single sheet of paper.

When submitting a completed form by email, scan the form and save it in the Adobe Acrobat (.pdf) format.

## Professional Development

The CAP Senior Officer Course (AFIADL-13) administered by the USAF is no longer available. It has been replaced by the CAP Officer Basic Course administered by CAP NHQ. Enrollment information can be found on the CAP University website [http://members.gocivilairpatrol.com/cap\\_university/officer\\_basic\\_course.cfm](http://members.gocivilairpatrol.com/cap_university/officer_basic_course.cfm)

This course is required for completion of Level II of the Professional Development Program. Any officer who has not completed the CAP Senior Officer Course (AFIADL-13) should sign up for this course.

**Lt Col Richard A. Simon**

**DPA, DA, IT, PDO  
NJ-009**



## Testing

I know that this is the end of the year and all cadets are busy with final tests, but please do not forget about CAP.

You need to test in order to promote, and you need to promote at least twice a year. You need at least the Curry in order to attend Basic Encampment. You need Encampment in order to receive the Mitchell Award, which is the equivalent of Eagle Scout in Boy Scouts.

Try to attend Basic Encampment now instead of later when it may conflict with a summer job.

Either 1st Lt Sandra Kooker or myself are at the meetings by 1800 hours for testing. Once again, if you are not able to be at the squadron at that time, we are able to make other arrangements for test taking if you just let us know.

As I am also the squadron assistant financial officer, I would like to gently remind all cadets that there is a \$1 per week dues. For seniors the dues are \$120 per year. Seniors may pay at least monthly, or for as many months as they would like at a time.

We do need to have a fundraiser. The idea of having a car wash sometime this summer has been raised, and I think it would be a fun time.

What do you cadets think? We will ask at the next meeting. We will need your full support on this- so lets hear your views concerning where and when to hold it.

**SM Nancy Simon**

**Testing Officer &  
Assistant Financial  
Officer**

**NJ-009**



## Health Services

With the coming of warmer weather and especially in our capacity as disaster relief responders, the following information on snake bites should be kept in mind:

### *How to Prevent or Respond to a Snake Bite*

If you see a snake in your home, immediately call the animal control agency in your county.

Be aware of snakes that may be swimming in the water or hiding under debris or other objects.

If you or someone you know are bitten, try to see and remember the color and shape of the snake.

Do not pick up a snake or try to trap it.

After a natural disaster, snakes may have been forced from their natural habitats and move into areas where they would not normally be seen or expected. When you return to your home, be cautious of snakes that may have sought shelter in your home. If you see a snake in your home, immediately call the animal control agency in your county.

### *How to Prevent Snake Bites*

Be aware of snakes that may be swimming in the water to get to higher ground and those that may be hiding under debris or other objects.

If you see a snake, back away from it slowly and do not touch it.

### *Signs of Snake Bites*

If you have to walk in high water, you may feel a bite, but not know that you were bitten by a snake. You may think it is another kind of bite or scratch. Pay attention to the following snake bite signs:  
Depending on the type of snake, the signs and symptoms may include-

- a pair of puncture marks at the wound
- redness and swelling around the bite
- severe pain at the site of the bite
- nausea and vomiting
- labored breathing (in extreme cases, breathing may stop altogether)
- disturbed vision
- increased salivation and sweating
- numbness or tingling around your face and/or limbs

### *What To DO if You or Someone Else is Bitten by a Snake*

If you or someone you know are bitten, try to see and remember the (continued)



color and shape of the snake, which can help with treatment of the snake bite.

Keep the bitten person still and calm. This can slow down the spread of venom if the snake is poisonous.

Seek medical attention as soon as possible.

Dial 911 or call local Emergency Medical Services (EMS).

Apply first aid if you cannot get the person to the hospital right away.

Lay or sit the person down with the bite below the level of the heart.

Tell him/her to stay calm and still.

Cover the bite with a clean, dry dressing.

*What NOT To Do if You or Someone Else is Bitten by a Snake*

Do not pick up the snake or try to trap it (this may put you or someone else at risk for a bite).

Do not apply a tourniquet.

Do not slash the wound with a knife.

Do not suck out the venom.

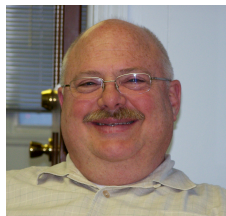
Do not apply ice or immerse the wound in water.

Do not drink alcohol as a pain killer.

Do not drink caffeinated beverages.

**Major Richard Fellows**

**Health Services Officer NJ-009**



## Aerospace Education

### VOLCANO IN ICELAND

I am just like anyone else, I can't correctly pronounce Eyjafjokull, but I know it's in Iceland. Most of us didn't think much about the effects of a volcano, pilots just don't fly near them. So it was a surprise when I heard the airlines were canceling

flights in Europe (thousands of miles away). I thought of poor visibility, but that was not so, airlines fly by instruments all the time. I looked up the satellite views at the time. It occurred it has something to do with dust in the engines, that is one item. But there is more than the obvious, there is sensitive equipment monitoring airspeed, altitude, vertical speed and the pitostatic system for the equipment.

Lesson learned is that flying is a science with many new understandings that will always present itself, so you better pay attention.

**2nd Lt Lance Williams**

**Aerospace Education Officer, NJ-009**



## Riot's Squawk Box

*What to do when you find a "clue" when searching an area with a K9.*

A clue could be a footprint, piece of clothing, food wrapper, or anything else someone might have been carrying with them. If you come across something that might be a clue in finding the lost subject, alert the rest of the team. Do NOT touch the item!

The clue might be used as a starting point for a trailing K9, so you don't want to place your "scent" on the item by touching it. Some

missing persons searches also become criminal investigations, so you don't want to tamper with any evidence. Your team member handling communications can radio in a description of the clue along with the location on a map and/or GPS coordinates. The Incident Command Staff will log this information and determine its significance, along with a plan of action as needed. The scribe should document this information as



well. Before returning to your assigned area search, clearly mark the location of the item with flagging tape, so it can be easily located should further investigate be warranted or to start a trailing dog off the item.

**1st Lt Diana Akeret & Riot**

## Emergency Services

Information is key!!!!

Many of you will not be able to attend the up coming Ground Team Member training planned for mid-June. But don't let that keep you from learning valuable information pertaining to CAP/ Emergency Services! I am hoping many of you are planning on completing all the requirements needed to attend any future training. However, until then you can still get a heads up on Emergency Services and training. The computer can be very helpful in gaining knowledge about Ground Team Member training, until you get to attend the actual training where you get to put it to good use out in the field! Below is a link to the National Emergency Services Academy, their website has all types of information pertaining to Emergency Services.

<http://www.nesa.cap.gov/gsarcurr.htm>

I hope everyone is looking forward to Summer and the Fun it brings. I am looking forward to GTM 3 Training that is scheduled for mid-June. It will be nice to get back into the woods and experience nature while getting to meet fellow CAP members from around the Wing and Group. Don't miss out on any of these type of opportunities spend some time working on your IS 100 and IS 700 courses and plan on attending Basic Encampment. See you in the woods!

**2nd Lt Evan Kooker**

**Emergency Services Officer NJ-009**





# From the Cadets

I have finally returned to Civil Air Patrol again. I was gone for a while last month because I, along with Cadet Rhile, had been working on the play for the Middle Township Middle School. It turned out well and I miss it but I'm glad to be back.

It's nice to see everyone again and to see a few more guests starting to come and sit in with us. Hopefully they will join and we can

make our squadron even bigger.

Glad to be back!

C/ Amn Madison Peteani

The past few weeks of CAP have been exciting. The wings our cadets made for the wind tunnel are completed and ready for testing in a couple of weeks. With the wings we can test the different shapes that create lift and find out how to improve the shape. In addition to

the wing project I have been officially accepted in to National Honor Guard Academy as well as Falcon Flight. This will be my third year as an honor guardsman and I plan on making my red hat year the best it can be. I am extremely excited for falcon flight, in which you are given the opportunity to fly for a week and earn your solo wings. A few of my friends went to Falcon flight in the past years, and they all said it was the best

experience they've had in a plane. I can't wait! As for promotion, I am a Chief Master Sergeant, and am working diligently towards my Mitchell Achievement.

C/CMSgt Dylan Rutherford



*Congratulations Cadet Coughlin and Cadet Peteani on your promotions!*



## Cadet Staff

Coming up in the next few months, there are a few changes and quite a few training opportunities for search and rescue. First off, we have a new safety system to operate by, I think that the class concerning the new safety briefing went very well, and I hope that all members will complete the required test in a timely manner. Secondly, there is an up and coming SAREX, GTM3 weekend, and dog SAR weekend coming up: PAY attention to dragonnet and what we say at the end of meeting to make sure that you are involved in these activities, they are a lot of fun, and help build a strong character for leadership. I hope that any cadets who have questions will send them up the chain of command or get in touch with me, please do not miss these opportunities.

C/CMSgt Craig Coughlin

## Public Affairs

I want to welcome everyone to the new version of our newsletter. It is a work in progress and we will be making improvements as we go along.

Family and Friends night is coming up June 18th. I hope everyone will be able to attend. If you have not attended Family and Friends before, let me tell you that it is a nice night to enjoy the company of the squadron and our family and friends. We have a potluck dinner and dessert and take time to recognize the achievements of our members over the past year. Please save the date on your calendar! I will be coordinating food and refreshments via email as the date gets closer.

*Happy Memorial Day to all our Veterans!*

**1st Lt Sandra Kooker**  
**Public Affairs Officer**  
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